## Letter to Hotel Management

Date: \_\_\_\_\_

To Whom It May Concern,

I hope this message finds you well. As a frequent guest at your esteemed hotel, I have greatly enjoyed my stays and appreciate the convenience of in-room dining. However, I would like to propose some ideas for healthier dining options that could enhance the experience for health-conscious guests.

## **Suggestions for Healthier Choices:**

- Incorporate more plant-based options, such as salads, grain bowls, and vegetable stirfries.
- Feature whole grain alternatives for bread and pasta dishes.
- Offer lean protein options, such as grilled chicken, fish, and plant-based proteins.
- Provide nutritional information on the menu to help guests make informed choices.
- Include fresh juices and smoothies as beverage options.
- Add lighter dessert options, such as fruit platters and yogurt parfaits.

Thank you for considering these suggestions. I believe these changes could greatly benefit guests looking for healthier in-room dining options. I look forward to your response.

Sincerely, [Your Name] [Your Contact Information]