Dear [Host's Name],

I hope this message finds you well. I am writing to thank you for the invitation to your dinner on [date]. I am looking forward to it!

As a dietary preference, I follow a gluten-free diet. I wanted to kindly ask if it would be possible to accommodate this during the dinner. I truly appreciate your understanding and effort to make the evening enjoyable for everyone.

Thank you once again for the invitation. I look forward to seeing you!

Best regards, [Your Name]