

Dialysis Follow-Up Care Instructions

Date: _____

Patient Name: _____

Patient ID: _____

Healthcare Provider: _____

Dear [Patient's Name],

Following your recent dialysis session, please adhere to the following follow-up care instructions:

1. Monitor Your Symptoms

- Keep track of any unusual symptoms such as swelling, shortness of breath, or increased fatigue.
- Contact your healthcare provider if you notice any concerning changes.

2. Medication Management

- Take all prescribed medications as directed.
- Do not skip doses, and notify your doctor of any side effects.

3. Dietary Considerations

- Follow the dietary guidelines provided by your nutritionist.
- Monitor your fluid intake as discussed.

4. Schedule Your Next Appointment

Ensure that you have your next dialysis appointment scheduled for:

Date: _____, Time: _____

5. Emergency Contact Information

If you experience severe symptoms, do not hesitate to call emergency services or visit the nearest hospital.

Thank you for your attention to these important care instructions. Your health and well-being are our top priority.

Sincerely,

[Your Name]

[Your Title]

[Healthcare Facility Name]

[Contact Information]