

# Preparation Instructions for Your Epilepsy Monitoring Appointment

Dear [Patient's Name],

We look forward to your upcoming epilepsy monitoring appointment. To ensure the best experience and results, please follow the preparation instructions below:

## 1. Medication

Please continue taking your anti-epileptic medications as prescribed, unless instructed otherwise by your doctor.

## 2. Fasting

You may be required to fast for a specific period before the appointment. Please confirm with your healthcare provider.

## 3. Personal Items

Bring any personal items you may need, such as:

- Personal hygiene products
- A comfortable pillow
- Reading materials or entertainment

## 4. Schedule

Please arrive 30 minutes before your scheduled appointment time. This allows us to check you in and prepare for testing.

## 5. Important Contacts

If you have any questions or need to reschedule, please contact our office at [Phone Number] or [Email Address].

Thank you for your attention to these details. We are here to support you and ensure a successful appointment.

Sincerely,

[Your Name]

[Your Title]

[Healthcare Provider's Name]

[Healthcare Facility Name]