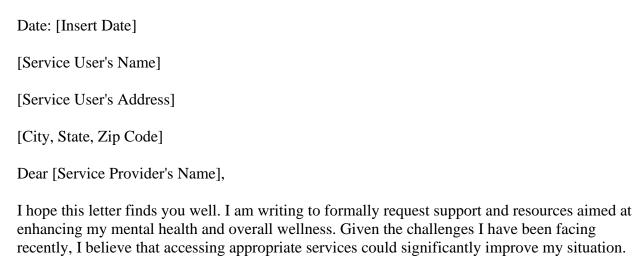
Mental Health Wellness Request



Specifically, I am seeking assistance with:

- [Type of service needed, e.g., counseling, therapy, support groups]
- [Additional needs, e.g., workshops, educational resources]

I am committed to taking the necessary steps towards improving my mental health and would appreciate any guidance you can provide regarding available services and programs.

Thank you for your attention to this matter. I look forward to your prompt response.

Sincerely,

[Service User's Signature]

[Service User's Name]

[Contact Information]