## **Update on Adolescent Health Survey Findings**

Date: [Insert Date]

Dear [Recipient's Name],

I hope this message finds you well. We are writing to provide you with an update on the findings from our recent Adolescent Health Survey conducted in [Insert Location/Region]. Your support and involvement have been invaluable in this ongoing initiative.

## **Key Findings**

- Increased awareness of mental health resources among adolescents.
- High rates of physical activity reported, with [Insert Percentage]% of respondents engaging in regular exercise.
- Concerns about nutrition; only [Insert Percentage]% of participants met recommended dietary guidelines.

## **Next Steps**

Based on these findings, we plan to implement targeted programs focusing on nutrition education and mental health support in the coming months. We encourage your continued engagement and feedback as we move forward.

Thank you for your commitment to improving adolescent health in our community. We look forward to your thoughts and suggestions.

Sincerely,

[Your Name]
[Your Position]
[Your Organization]
[Contact Information]