

Follow-Up Procedures After Your Sleep Study

Dear [Patient's Name],

Thank you for participating in your recent sleep study. We appreciate your cooperation and are committed to providing you with the best care. Below are the follow-up procedures that you need to follow:

1. Review of Results

Your sleep study results will be reviewed by our sleep specialist. A follow-up appointment will be scheduled to discuss these results in detail.

2. Follow-Up Appointment

Please contact our office at [Phone Number] to schedule your follow-up appointment within the next two weeks.

3. Medication Adjustments

If you are currently on sleep medications, please maintain your current dosage until your follow-up appointment unless instructed otherwise.

4. Sleep Diary

Continue to maintain your sleep diary as discussed. This will help in assessing your sleep patterns more accurately during your follow-up.

5. Contact Information

If you have any questions or concerns, please do not hesitate to reach out to our office at [Email Address] or [Phone Number].

Thank you for your cooperation.

Sincerely,

[Your Name]

[Your Title]

[Clinic/Hospital Name]

[Contact Information]