

Hypertension Medication Adherence Update

Date: [Insert Date]

Dear [Patient's Name],

We hope this message finds you well. We are writing to provide you with an update on your hypertension medication adherence.

As part of your ongoing care, it is crucial to ensure that you are taking your prescribed medications as directed. Regular adherence to your medication regimen helps in managing your blood pressure effectively and reduces the risk of complications.

Here are a few reminders to help you stay on track:

- Take your medication exactly as prescribed.
- Set reminders on your phone or use a pill organizer.
- Keep a log of your medication intake.
- Do not hesitate to contact us if you have any concerns or side effects.

Our records indicate that you have missed taking your medication on [Insert Dates]. Please let us know if you are facing any challenges in adhering to your regimen, and we can discuss ways to support you.

Thank you for your attention to this important aspect of your health. Please feel free to reach out to our office at [Insert Phone Number] or [Insert Email] with any questions.

Sincerely,

[Your Name]

[Your Title]

[Your Clinic/Hospital Name]