

You're Invited to Join Our Diabetes Prevention Program!

Dear [Recipient's Name],

We are excited to invite you to participate in our Diabetes Prevention Program designed to help you maintain a healthy lifestyle and reduce the risk of developing type 2 diabetes.

Program Details:

- **Start Date:** [Start Date]
- **Schedule:** [Days and Times]
- **Location:** [Venue/Address]
- **Cost:** [Cost Information]

Throughout the program, you will learn about nutrition, physical activity, stress management, and more. Our certified coaches will guide you every step of the way.

Please confirm your participation by [RSVP Date] by contacting us at [Contact Information].

We look forward to welcoming you to the program and supporting you on your journey to better health!

Sincerely,

[Your Name]

[Your Title/Organization]

[Contact Information]