

# Dear [Recipient's Name],

We are pleased to invite you to our upcoming Diabetes Nutrition Seminar where we will discuss important dietary practices for managing diabetes effectively.

## Seminar Details:

- **Date:** [Insert Date]
- **Time:** [Insert Time]
- **Location:** [Insert Venue Address]
- **Guest Speaker:** [Insert Speaker's Name]

## Agenda:

1. Introduction to Diabetes and Nutrition
2. Healthy Meal Planning and Portion Control
3. Understanding Carbohydrates and Glycemic Index
4. Q&A Session

Please RSVP by [Insert RSVP Deadline] to confirm your attendance.

We look forward to seeing you there!

Sincerely,

[Your Name]

[Your Title]

[Your Organization]