

You're Invited to Our Nutrition Workshop!

Dear [Employee Name],

We are excited to announce a special Nutrition Workshop as part of our Corporate Wellness Program! Join us to learn how to enhance your health and well-being through proper nutrition.

Workshop Details:

- **Date:** [Date]
- **Time:** [Time]
- **Location:** [Location]
- **Duration:** [Duration]

This interactive workshop will be led by a certified nutritionist who will cover topics such as meal planning, healthy eating habits, and how to make informed food choices.

RSVP: Please confirm your attendance by [RSVP Deadline] to ensure your spot!

We look forward to seeing you there and taking a step towards better health together!

Best Regards,
[Your Name]
[Your Position]
[Company Name]