

You're Invited to a Nutrition Workshop!

Dear Cooking Enthusiast,

We are excited to invite you to our upcoming Nutrition Workshop designed specifically for cooking aficionados like you! Join us for a day filled with delicious food, valuable nutrition insights, and hands-on cooking experiences.

Workshop Details:

- **Date:** Saturday, March 25, 2023
- **Time:** 10:00 AM - 4:00 PM
- **Location:** Community Kitchen, 123 Culinary Lane, Foodtown

What to Expect:

- Interactive cooking sessions
- Nutrition tips from experts
- Healthy recipe demonstrations
- Networking with fellow cooking enthusiasts

Please RSVP by March 15, 2023, to secure your spot. You can reply to this email or contact us at (123) 456-7890.

We look forward to sharing a fun and educational day with you!

Warm regards,

The Nutrition Workshop Team