

Dear [Parents' Names],

Congratulations on the arrival of your new baby! As you embark on this exciting journey of parenthood, we want to provide you with valuable resources regarding family planning.

Important Family Planning Resources

- **Family Planning Clinics:** [Insert locations and contact information]
- **Online Resources:** [Insert websites and descriptions]
- **Support Groups:** [Insert information on local support groups]
- **Health Insurance Resources:** [Insert contact information for health insurance assistance]

Tips for Planning Ahead

Consider discussing the following with your healthcare provider:

- Your options for contraception
- Spacing your future pregnancies
- Financial planning for your growing family

Please feel free to reach out if you have any questions or need additional support. We are here to help you every step of the way!

Sincerely,

[Your Organization's Name]

[Contact Information]