

Preparation for Lipid Panel Testing

Dear [Patient's Name],

We would like to inform you about the preparation required for your upcoming lipid panel testing scheduled on [Date]. To ensure accurate results, please follow the guidelines below:

Preparation Guidelines:

- **Fasting:** You must fast for at least 9-12 hours prior to the test. This means no food or drink, except water.
- **Medications:** Please consult with your physician regarding any medications you are taking and whether you should continue them before the test.
- **Avoid Alcohol:** Refrain from consuming alcohol for 24 hours before the test.
- **Hydration:** Make sure to drink plenty of water during your fasting period.

Please arrive at our facility by [Arrival Time] for your appointment.

If you have any questions or concerns, feel free to contact us at [Contact Information].

Thank you for your cooperation.

Sincerely,

[Your Clinic's Name]