

Dear [Patient's Name],

We are writing to provide you with important information regarding your upcoming echocardiogram scheduled for [Date] at [Time]. Please follow the guidelines below to ensure a smooth and successful appointment:

Preparation Instructions:

- Please wear comfortable clothing that allows easy access to your chest.
- Avoid eating or drinking anything for at least [X] hours before the exam.
- If you are on any medications, please consult with your doctor about whether you should take them before the test.
- Arrive at least [X] minutes early to complete any necessary paperwork.

What to Expect:

The echocardiogram is a non-invasive procedure that uses sound waves to create images of your heart. The test will take approximately [X] minutes.

If you have any questions:

Feel free to contact our office at [Phone Number] or [Email Address].

Thank you for your attention to these preparations. We look forward to seeing you soon!

Sincerely,
[Your Name]
[Your Title]
[Your Organization]