

Cardiac Catheterization Pre-Appointment Instructions

Dear [Patient's Name],

You are scheduled for a cardiac catheterization on [Date] at [Time]. Please follow the instructions below to prepare for your procedure:

1. Medications:

- Notify your doctor of any medications you are currently taking.
- Avoid blood thinners such as aspirin, warfarin, or clopidogrel unless directed otherwise.
- Continue taking your heart medications unless instructed to stop.

2. Fasting Requirements:

- Do not eat or drink anything after midnight the night before your procedure.
- Take only necessary medications with a small sip of water.

3. Arrival Time:

- Please arrive at the hospital at least [X hours] before your scheduled procedure.
- Check in at the [Location/Department].

4. Apparel:

- Wear comfortable clothing that is easy to remove.
- Leave valuables and jewelry at home.

5. Transportation:

- You will need someone to drive you home after the procedure.
- Please arrange for transportation in advance.

If you have any questions or concerns, please do not hesitate to contact our office at [Phone Number].

Thank you, and we look forward to seeing you.

Sincerely,

[Your Healthcare Provider's Name]

[Your Healthcare Facility's Name]