

Follow-Up Appointment Confirmation

Dear [Client's Name],

Thank you for attending your recent therapy session. We appreciate your commitment to your mental health.

This is a reminder of your upcoming appointment:

Date: [Insert Date]

Time: [Insert Time]

Location: [Insert Location]

Please feel free to bring any thoughts or topics you would like to discuss during our session. If you have any questions or need to reschedule, don't hesitate to reach out.

Looking forward to seeing you soon.

Best regards,

[Your Name]

[Your Title]

[Your Contact Information]