

Family Therapy Follow-Up Appointment

Date: [Insert Date]

Dear [Family Member's Name],

We hope this message finds you well. This is a follow-up regarding your recent family therapy session on [Insert Date of Last Session]. We appreciate your commitment to enhancing your family's mental well-being.

During our last meeting, we discussed some important topics, including [briefly mention key discussion points]. We encourage you to reflect on these points and consider how they may influence your family dynamics moving forward.

We would like to invite you for a follow-up appointment to continue our discussions and develop strategies tailored to your family's needs. Please find the available dates and times below:

- [Insert Date and Time Option 1]
- [Insert Date and Time Option 2]
- [Insert Date and Time Option 3]

Please let us know your preferred time, and we will do our best to accommodate your schedule. If you have any questions or concerns in the meantime, feel free to reach out.

Thank you for your continued dedication to the therapeutic process.

Sincerely,

[Your Name]

[Your Title]

[Your Contact Information]