

Follow-Up on Mental Health Appointment

Dear [Client's Name],

Thank you for attending your recent mental health appointment on [Date]. We appreciate your willingness to engage in the process and seek support.

Follow-Up on Intervention Results

Following our discussion, we implemented crisis intervention strategies aimed at addressing your immediate concerns. Here's a summary of the outcomes:

- **Identified Triggers:** [List of triggers]
- **Strategies Implemented:** [List of strategies]
- **Progress:** [Brief description of progress]

We recommend following up with the following actions:

1. Schedule your next appointment for ongoing support.
2. Implement the suggested coping strategies.
3. Reach out immediately if you experience any further crises.

If you have any questions or need additional support, please do not hesitate to contact us at [Contact Information].

Take care,

[Your Name]

[Your Title]

[Organization Name]