

Dental Cleaning Appointment Instructions

Dear [Patient's Name],

We are looking forward to your upcoming dental cleaning appointment on [Date] at [Time]. To ensure you receive the best care possible, please follow the instructions below:

Before Your Appointment:

- Brush and floss your teeth thoroughly.
- Rinse with an antibacterial mouthwash.
- Inform us if you have experienced any changes in your medical history.
- If you are taking any medications, please bring a list with you.

Day of Your Appointment:

- Avoid eating or drinking anything 30 minutes prior.
- Arrive 10 minutes early to complete any necessary paperwork.
- Bring your insurance information and identification.

If you have any questions or need to reschedule, please call us at [Phone Number].

Thank you for choosing [Dental Practice Name]. We look forward to seeing you soon!

Sincerely,
[Your Name]
[Your Position]
[Dental Practice Name]