

Pre-Operative Surgery Guidelines

Date: [Insert Date]

Dear [Patient's Name],

We are preparing for your upcoming surgery scheduled on [Insert Date]. To ensure a smooth and successful procedure, please carefully follow the guidelines below:

1. Prior to Surgery

- Do not eat or drink anything after midnight the night before your surgery.
- Take only the medications prescribed by your doctor.
- Avoid smoking and alcohol consumption at least 48 hours before your surgery.
- Ensure you have arranged for someone to drive you home after the procedure.

2. Day of Surgery

- Arrive at the hospital or surgical center at least [Insert Time] prior to your scheduled surgery.
- Bring a valid photo ID and your insurance information.
- Wear comfortable clothing and leave valuables at home.

3. Post-Operative Care

- Follow all care instructions provided by your medical team.
- Contact us if you experience any unusual symptoms or have concerns.
- Schedule your follow-up appointment as instructed.

If you have any questions regarding these guidelines, please do not hesitate to contact our office at [Insert Phone Number] or [Insert Email Address].

Thank you for your cooperation. We look forward to your successful surgery.

Sincerely,

[Your Name]

[Your Title]

[Your Hospital/Clinic Name]