

Dear [Patient's Name],

We are writing to provide you with important information regarding your upcoming surgery scheduled for [Date] at [Time]. Please carefully review the following preparations to ensure a smooth experience.

Pre-Operative Instructions:

- **Diet:** Please refrain from eating or drinking after [insert time, e.g., midnight] the night before your surgery.
- **Medications:** Please consult with your physician about any medications you should take or avoid prior to the procedure.
- **Transportation:** Arrange for someone to drive you home after the surgery, as you will not be able to drive yourself.
- **Clothing:** Wear loose, comfortable clothing and refrain from wearing any jewelry or makeup.

What to Expect:

Upon arrival at the hospital, check in at the front desk. You will meet with your surgical team and have the opportunity to ask any questions about the procedure.

Contact Information:

If you have any questions or concerns prior to your surgery, please do not hesitate to contact our office at [Phone Number] or [Email Address].

Thank you for your attention to these important instructions. We look forward to seeing you soon.

Sincerely,

[Your Name]

[Your Title]

[Your Organization]