

Dear [Patient's Name],

We are writing to provide you with important information regarding your upcoming surgery scheduled for [Date]. To ensure that you are fully prepared, please review the following guidelines:

Pre-Surgery Instructions:

1. **Medications:** Please inform your doctor of all medications you are currently taking. Some medications may need to be adjusted or stopped prior to surgery.
2. **Diet:** Follow the dietary restrictions provided by your medical team, including fasting instructions (if applicable).
3. **Transportation:** Arrange for a responsible adult to drive you home after the procedure.
4. **Clothing:** Wear loose-fitting clothing on the day of surgery. Avoid wearing any jewelry or makeup.

Day of Surgery:

Arrive at the facility at least [Time] prior to your scheduled surgery time. Bring your ID, insurance information, and any necessary forms.

After Surgery:

Post-operative care instructions will be provided to you. Please follow these guidelines carefully to ensure a smooth recovery.

If you have any questions or concerns, do not hesitate to contact our office at [Phone Number]. We wish you a successful surgery and a swift recovery.

Sincerely,
[Your Name]
[Your Title]
[Your Institution]