

# Instructions for Surgery Preparation

Date: \_\_\_\_\_

Patient Name: \_\_\_\_\_

Procedure: \_\_\_\_\_

**Dear [Patient's Name],**

As you prepare for your upcoming surgery, please follow the instructions below to ensure a smooth process:

## 1. Pre-Surgery Day Guidelines:

- Do not eat or drink anything after midnight before your surgery.
- Continue taking prescribed medications with a small sip of water unless advised otherwise.
- Arrange for someone to drive you home after the procedure.
- Wear loose-fitting, comfortable clothing on the day of surgery.

## 2. Day of Surgery:

- Arrive at the surgical center at least 1 hour before your scheduled surgery time.
- Check in at the reception desk and provide your identification and insurance information.
- Bring a list of your current medications and allergies.

## 3. Post-Surgery Instructions:

- Follow the discharge instructions provided by your surgical team.
- Keep your surgical site clean and dry.
- Contact the clinic if you experience any unexpected symptoms.

If you have any questions or concerns, please contact our office at [Office Phone Number].

We appreciate your cooperation and wish you a successful surgery.

Sincerely,

[Your Name]

[Your Title]

[Medical Facility Name]

[Contact Information]