

Dear [Patient's Name],

We are writing to provide you with important guidelines to help you prepare for your surgery scheduled on [Date]. Following these instructions will ensure a smooth and safe procedure.

Before Surgery

- Please do not eat or drink anything after [Midnight/Time] the night before your surgery.
- Take any prescribed medications with a small sip of water unless instructed otherwise by your doctor.
- Avoid certain medications, including blood thinners, as directed by your healthcare provider.

Day of Surgery

- Arrive at the hospital or surgical center by [Time].
- Wear comfortable clothing and leave valuables at home.
- Bring a list of your medications and any allergies you may have.
- Have a friend or family member accompany you for assistance after the procedure.

Post-Surgery Care

After your surgery, make sure to follow the discharge instructions provided by your healthcare team.

If you have any questions or concerns prior to your surgery date, please do not hesitate to contact our office at [Phone Number].

We wish you a successful surgery and a smooth recovery.

Sincerely,
[Your Name]
[Your Title]
[Healthcare Facility Name]