

# Aftercare Instructions

Dear [Patient's Name],

Thank you for choosing [Clinic/Hospital Name] for your recent procedure. To ensure a smooth recovery, please follow the aftercare instructions outlined below:

## 1. Wound Care

Keep the area clean and dry. Change the dressings as instructed. If you notice increased redness, swelling, or discharge, please contact us.

## 2. Medications

Take all prescribed medications as directed. If you experience any side effects, please reach out for advice.

## 3. Activity Restrictions

Avoid strenuous activities for at least [X days/weeks]. Listen to your body and rest when needed.

## 4. Follow-Up Appointment

Please schedule a follow-up appointment within [time frame] to assess your recovery.

If you have any questions or concerns, do not hesitate to contact our office at [phone number].

Wishing you a speedy recovery!

Sincerely,

[Your Name]

[Your Title]

[Clinic/Hospital Name]

[Contact Information]