

Pain Management Program Participant Guidelines

Dear Participant,

Welcome to the Pain Management Program. We are committed to providing you with the support and resources you need to manage your pain effectively. Below are the guidelines to help you navigate the program:

Program Participation

- Attend all scheduled appointments.
- Engage actively in your treatment plan.
- Communicate openly with your care team about your pain levels and concerns.

Medication Guidelines

- Take medications as prescribed by your healthcare provider.
- Notify your provider of any side effects or concerns.
- Do not share your medications with others.

Behavioral Expectations

- Maintain a positive attitude and be willing to try new approaches to pain management.
- Respect the privacy and confidentiality of other participants.
- Participate in group activities and discussions when appropriate.

Contact Information

If you have any questions or need assistance, please reach out to our program coordinator at:

Email: info@painmanagementprogram.com

Phone: (555) 123-4567

Thank you for being a part of our Pain Management Program. We look forward to working with you towards a more manageable pain experience.

Sincerely,

The Pain Management Team