## **Guidance for Pre-Marital Health Assessments**

Dear [Recipient's Name],

Congratulations on your upcoming marriage! As part of the preparations, we recommend undergoing a pre-marital health assessment. This initiative is aimed at ensuring both partners are informed about their health status and can make educated decisions for a healthy future together.

## What to Expect:

- Comprehensive physical examination
- Blood tests for infectious diseases
- Genetic screening (if applicable)
- Counseling on reproductive health

## **Benefits of the Assessment:**

- Identify any potential health issues
- Discuss family planning and reproductive health
- Strengthen communication about health between partners

Please schedule your assessment at your earliest convenience and bring any relevant medical history information. If you have any questions, do not hesitate to reach out to our office.

Wishing you a joyous wedding and a healthy life together!

Sincerely,
[Your Name]
[Your Position]
[Your Organization]