

Fertility Preservation Options

Date: [Insert Date]

Dear [Patient's Name],

As you prepare to undergo [specific medical treatment], we want to discuss the fertility preservation options available to you. It's important to consider these options early, as they may be affected by your treatment timeline.

Available Options:

- **Egg Freezing:** This process involves stimulating your ovaries to produce multiple eggs, which are then retrieved and frozen for future use.
- **Sperm Freezing:** Men can choose to bank sperm before treatment, allowing them to preserve their fertility.
- **Embryo Freezing:** If you are in a committed relationship, you may consider creating embryos through in vitro fertilization, which can then be frozen for future use.
- **Ovarian Tissue Freezing:** This experimental option involves removing and freezing ovarian tissue for potential reimplantation later.

Next Steps:

Please schedule a consultation with our fertility specialist to discuss these options in detail and to create a personalized plan that aligns with your treatment schedule.

We understand that this may be a challenging time for you, and we are here to support you every step of the way.

Sincerely,

[Your Name]

[Your Title]

[Your Contact Information]

[Clinic/Hospital Name]