

Fertility Preservation Options for Couples with Genetic Concerns

Date: _____

To: [Couple's Names]

Address: [Couple's Address]

Dear [Couple's Names],

We understand that you are considering your fertility preservation options, particularly in light of your genetic concerns. It is important to explore the available choices to ensure that you have the best possible options for your future family.

Available Options:

- **Egg or Sperm Freezing:** This involves extracting and freezing eggs or sperm for future use, allowing you to preserve fertility while addressing genetic concerns.
- **Embryo Freezing:** If you are considering in vitro fertilization (IVF), creating and freezing embryos can be a viable option.
- **Genetic Testing on Embryos:** Preimplantation genetic diagnosis (PGD) or preimplantation genetic screening (PGS) can identify genetic issues before implantation.
- **Donor Options:** Utilizing donor eggs or sperm may be advisable if genetic risks are significant.
- **Adoption:** If you prefer to avoid genetic concerns entirely, adoption remains a loving option.

We encourage you to schedule an appointment with our specialist to discuss these options in greater detail and determine the best course of action tailored to your unique situation.

Thank you for considering us as a part of your journey. We are here to support you through this process.

Sincerely,

[Your Name]

[Your Title]

[Your Organization]

[Contact Information]