

Chiropractic Discharge Summary

Patient Name: John Doe

Patient ID: 123456

Date of Discharge: October 15, 2023

Date of Initial Visit: January 10, 2023

Summary of Care

Mr. Doe attended a total of 12 chiropractic sessions for the treatment of chronic lower back pain. Throughout the course of treatment, he received spinal manipulations, therapeutic exercises, and lifestyle advice.

Treatment Goals & Outcomes

- Relieve pain and discomfort: Achieved
- Improve range of motion: Achieved
- Enhance functional mobility: Achieved

Final Recommendations

Mr. Doe is advised to continue with the following:

- Regular stretching and strengthening exercises
- Postural awareness
- Periodic chiropractic check-ups as needed

Physician's Signature

Dr. Jane Smith, DC

License Number: 987654321