

Session Reminder: Breathing Therapy

Dear [Client's Name],

This is a friendly reminder for your upcoming breathing therapy session:

- **Date:** [Session Date]
- **Time:** [Session Time]
- **Location:** [Session Location]

Please arrive 10 minutes early to ensure a smooth start. If you have any questions or need to reschedule, do not hesitate to reach out.

We look forward to seeing you!

Best regards,

[Your Name]

[Your Contact Information]

[Therapy Center Name]