

Bariatric Surgery Pre-Operative Checklist

Dear [Patient's Name],

As you prepare for your upcoming bariatric surgery, please ensure that you have completed the following checklist:

Pre-Operative Checklist

- **Medical Evaluation:** Complete medical assessment by your primary physician.
- **Nutritional Counseling:** Attend sessions with a registered dietitian.
- **Psychological Evaluation:** Undergo mental health assessment.
- **Laboratory Tests:** Complete required blood work and tests (list specific tests).
- **Imaging Studies:** Obtain necessary imaging (e.g., X-rays, ultrasound).
- **Weight Management:** Maintain your weight loss plan as instructed.
- **Medication Review:** Review and adjust medications as per your doctor's instructions.
- **Post-Operative Support:** Arrange for post-surgery care and support.

Please bring this checklist with you to your pre-operative appointment on [Appointment Date]. If you have any questions, feel free to contact our office.

Best regards,

[Your Name]

[Your Title]

[Your Contact Information]