Dear [Parent/Guardian's Name],

We are looking forward to your upcoming appointment for [Child's Name] on [Date] at [Time]. To ensure a smooth visit, please review the following pre-appointment instructions:

Preparation for the Appointment:

- Please bring your child's insurance card and any relevant medical records.
- Complete the attached medical history form prior to the appointment.
- If your child has any allergies, please prepare a list of them.

Day of the Appointment:

- Arrive 15 minutes early to allow time for check-in.
- Make sure your child is well-rested and has eaten a light snack.
- If applicable, bring any medications your child is currently taking.

COVID-19 Safety Precautions:

Please ensure that everyone attending the appointment wears a mask and follows social distancing guidelines.

Thank you for your cooperation. We look forward to seeing you soon!

Sincerely,
[Your Practice Name]
[Contact Information]