

Physical Therapy Referral for Prehabilitation

Dr. John Smith

123 Health St.

City, State, Zip Code

Email: dr.johnsmith@email.com

Phone: (123) 456-7890

Date: [Insert Date]

To Whom It May Concern,

I am writing to refer my patient, [Patient's Full Name], for physical therapy services as part of a prehabilitation program prior to their upcoming surgery on [Insert Surgery Date]. [Patient's Last Name] has been diagnosed with [Insert Diagnosis] and is expected to undergo [Insert Type of Surgery].

The goal of prehabilitation is to enhance [Patient's First Name]'s physical fitness and overall well-being in order to optimize surgical outcomes and facilitate a quicker recovery.

Please assess the patient's physical abilities and develop a tailored exercise program aimed at improving strength, flexibility, and endurance. I recommend that therapy sessions begin as soon as possible to maximize the benefits prior to surgery.

Thank you for your attention to this matter. Please do not hesitate to contact me if you require further information.

Sincerely,

Dr. John Smith

Primary Care Physician