

# Notification for Health Risk Assessment Opportunity

Dear [Employee/Member Name],

We are pleased to inform you about an upcoming opportunity to participate in a Health Risk Assessment (HRA). This assessment is designed to help you understand your health status and identify risks you may face in the future.

Details of the HRA:

- Date: [Insert Date]
- Time: [Insert Time]
- Location: [Insert Location]
- Duration: [Insert Duration]

Participation in this assessment is voluntary and confidential. It will provide you with valuable information and resources to help you lead a healthier lifestyle.

To reserve your spot, please RSVP by [Insert RSVP Date] to [Insert Contact Information].

Thank you for taking an active role in your health and well-being!

Sincerely,

[Your Name]  
[Your Title]  
[Your Organization]