Dear [Patient's Name],

We hope this message finds you well. We are reaching out to follow up on your recent braces adjustment appointment on [Date of Appointment]. We appreciate your trust in our office and want to ensure that you are comfortable and satisfied with your treatment progress.

Please take a moment to consider the following:

- Are you experiencing any discomfort or pain?
- Have you noticed any issues with your braces or appliances?
- Are you sticking to your oral hygiene routine?

If you have any concerns or questions, please do not hesitate to contact our office at [Office Phone Number]. Additionally, remember to keep your next appointment scheduled for [Next Appointment Date].

Thank you for choosing [Dental Practice Name]. We look forward to seeing you at your next visit!

Sincerely, [Your Name] [Your Title] [Dental Practice Name] [Contact Information]