

Surgical Preparation Advice

Dear [Patient's Name],

We are writing to provide you with important information regarding your upcoming surgery on [Date of Surgery]. Proper preparation is essential for a smooth procedure and recovery, so please follow the guidelines below:

Before Surgery:

- Do not eat or drink anything after midnight before the surgery.
- If you take prescription medications, consult with your doctor regarding which ones to take on the day of surgery.
- Arrange for someone to drive you home after the procedure.
- Wear loose, comfortable clothing on the day of surgery.
- Bring a list of any allergies and medications you are currently taking.

The Day of Surgery:

- Arrive at the hospital at least [Time] hours before your scheduled surgery time.
- Check in at the reception and complete any necessary paperwork.
- Follow the instructions given by the nursing staff regarding preoperative care.

After Surgery:

- Make sure to follow your doctor's post-operative care instructions carefully.
- Attend any follow-up appointments as scheduled.
- Contact our office if you experience any unusual symptoms or complications.

If you have any questions or concerns, please do not hesitate to reach out to our office at [Phone Number]. We are here to help you!

Wishing you a successful surgery and a smooth recovery.

Sincerely,

[Your Name]

[Your Title]

[Your Clinic/Hospital Name]