

Pre-Surgery Instructions

Dear [Patient's Name],

As your surgery date approaches, we want to ensure you are well-prepared. Please carefully review the following essential instructions:

1. Pre-Operative Preparations:

- Do not eat or drink anything after midnight before your surgery.
- If you take any medications, please consult your physician regarding which ones to continue or stop.
- Arrange for someone to drive you home after the procedure.

2. Personal Care:

- Shower the night before and the morning of your surgery.
- Remove all jewelry and body piercings prior to your arrival at the surgical center.
- Wear loose, comfortable clothing.

3. Arrival Time:

Please arrive at the surgical center at least [Time] hours before your scheduled surgery time.

4. Contact Information:

If you have any questions or concerns, please feel free to contact our office at [Office Phone Number].

Thank you for your attention to these instructions. We look forward to seeing you on the day of your surgery.

Best regards,

[Your Name]

[Your Title]

[Medical Facility Name]