

# Comprehensive Pre-Surgical Instructions

Dear [Patient's Name],

We are glad to inform you that your surgery is scheduled for [Date] at [Time]. Please read and follow these important pre-surgical instructions to ensure a smooth procedure.

## 1. Before the Surgery

- Do not eat or drink anything after [Time] the night before your surgery.
- Follow any specific dietary instructions provided by your doctor.
- Make arrangements for a responsible adult to drive you home after the surgery.
- Inform us if you have any allergies or are currently taking any medications.
- Bring a list of all current medications, including over-the-counter drugs and supplements.

## 2. Day of Surgery

- Arrive at the surgical center at least [Time] prior to your scheduled surgery.
- Dress comfortably and avoid wearing jewelry or makeup.
- If you take chronic medications, please ask your doctor beforehand if you should take them on the day of the surgery.
- Bring your insurance information and ID.

## 3. After the Surgery

- You may experience some discomfort post-surgery; follow the prescribed pain management plan.
- Rest and limit physical activity for [Time Period] after your surgery.
- Follow-up appointments should be made as advised by your surgical team.
- If you experience severe pain, excessive bleeding, or other concerning symptoms, call your doctor immediately.

If you have any questions or concerns, please do not hesitate to contact our office at [Office Phone Number]. We are here to support you.

Thank you, and we wish you a successful surgery.

Sincerely,

[Your Name]

[Your Title]

[Healthcare Facility Name]

[Contact Information]