

Letter of Referral for Mental Health Support

Date: [Insert Date]

To Whom It May Concern,

I am writing to refer [Client's Name], who has been under my care for [duration], for mental health support services. [Client's Name] has been experiencing [briefly outline issues, e.g., anxiety, depression] which has impacted their daily functioning.

After conducting a thorough assessment, I believe that specialized support from a mental health professional would benefit [Client's Name] significantly. I recommend [specific type of therapy or support services] to address these concerns.

Please find attached any relevant documents and my contact information should you require further details.

Thank you for your attention to this important matter. I appreciate your collaboration in ensuring [Client's Name] receives the necessary support.

Sincerely,

[Your Name]

[Your Position]

[Your Institution/Organization]

[Your Contact Information]