Dear [Recipient's Name],

I hope this message finds you well. I am reaching out to kindly request a reference from you for networking purposes as I explore new career opportunities.

Having worked with you at [Company Name] as [Your Position], I believe your insights and perspective on my skills and experiences would greatly benefit my job search. I am particularly focusing on roles in [specific field or industry] and your support could make a significant difference.

If you are comfortable providing a reference, I would be more than happy to provide you with any additional information or context to assist you in this process. Thank you very much for considering my request!

Looking forward to hearing from you soon.

Best regards,
[Your Name]
[Your LinkedIn Profile or Contact Information]