

# Appointment Confirmation

Dear [User's Name],

Thank you for scheduling your online therapy session. Please find the appointment details below:

- **Date:** [Appointment Date]
- **Time:** [Appointment Time] [Time Zone]
- **Duration:** [Session Duration]
- **Therapist:** [Therapist's Name]
- **Platform:** [Video Call Platform]
- **Link to Join:** [Join Link]

Please ensure you have a stable internet connection and a quiet place for the session.

If you need to reschedule or have any questions, feel free to contact us at [Contact Information].

Best regards,  
[Your Organization Name]