

Emergency Room Discharge Instructions

Date: [Insert Date]

Patient Name: [Insert Patient Name]

Patient ID: [Insert Patient ID]

Diagnosis:

[Insert Diagnosis]

Instructions:

1. Take prescribed medications as directed.
2. Rest and avoid strenuous activities for at least [insert time].
3. Apply ice to affected area for 20 minutes every hour as needed.
4. Keep any surgical sites clean and dry.
5. Follow up with your primary care physician within [insert time].

When to Seek Medical Attention:

- If you experience increased pain or swelling.
- If you notice any signs of infection (fever, redness, pus).
- If you have difficulty breathing or chest pain.

Emergency Contacts:

If you have any questions, please contact us at [Insert Contact Information].

Thank you for choosing our emergency services.