

You're Invited to Our Wellness Seminar

Dear [Patient's Name],

We are pleased to invite you to our upcoming **Patient Wellness Seminar** focused on **Mental Health Awareness**.

Date: [Insert Date]

Time: [Insert Time]

Location: [Insert Location]

This seminar aims to provide valuable insights into mental health, coping strategies, and available resources. Join us for an informative session followed by a Q&A segment.

We look forward to seeing you there!

Best regards,

[Your Name]

[Your Position]

[Your Organization]