

Participation Request

Dear [Recipient's Name],

I hope this message finds you well. I am writing to formally request my participation in the upcoming Medical Burnout Resilience Training scheduled for [date] at [location]. As a [your position], I recognize the importance of maintaining mental well-being and resilience in our demanding work environment.

This training presents an invaluable opportunity to learn effective strategies to manage stress and prevent burnout, ultimately enhancing my ability to provide high-quality patient care.

Please let me know if my participation can be accommodated. I am looking forward to contributing to and benefiting from this important initiative.

Thank you for considering my request.

Sincerely,

[Your Name]

[Your Position]

[Your Contact Information]