

Discharge Instructions

Patient Name: [Patient's Name]

Procedure: [Type of Surgery]

Date of Surgery: [Date]

Surgeon: [Surgeon's Name]

Follow-up Appointment: [Date and Time]

Care Instructions:

1. Rest for the next [number] days.
2. Take prescribed medications as directed.
3. Keep the surgical site clean and dry.
4. Avoid strenuous activities and heavy lifting for [number] weeks.
5. Watch for signs of infection, such as increased redness, swelling, or drainage.

When to Call Your Doctor:

- If you experience severe pain that is not relieved by medication.
- If you notice a fever over [temperature] degrees Fahrenheit.
- If there is an increase in bleeding from the surgical site.

Additional Notes:

[Any other specific instructions or information relevant to the patient]

Thank you for trusting us with your care!

[Your Hospital/Clinic Name]