

# Dear Patient,

We are pleased to welcome you to our laboratory for your upcoming tests. To ensure accurate results and a smooth visit, please review the following pre-test guidelines:

## Pre-Test Guidelines

- **Fasting:** If your test requires fasting, please refrain from eating or drinking anything except water for at least 8 hours prior to your appointment.
- **Medications:** Please consult your physician regarding any medications you should continue or discontinue before the test.
- **Bring Documentation:** Remember to bring your insurance card and any necessary identification documents.
- **Comfortable Clothing:** Wear comfortable clothing that allows easy access to the area being tested.
- **Questions:** If you have any questions or concerns, feel free to contact our office at [Phone Number].

Thank you for your cooperation. We look forward to providing you with quality care.

**Sincerely,**

[Lab Name]

[Lab Address]

[Contact Information]