

Patient Preparation Advice for Upcoming Lab Tests

Dear [Patient's Name],

We hope this message finds you well. As you prepare for your upcoming lab tests scheduled on [Date], we would like to provide you with important information to ensure accurate results.

Pre-Test Guidelines

- **Fasting:** Please refrain from eating or drinking anything except water for [X hours] prior to your appointment.
- **Medications:** Continue taking your medications unless instructed otherwise by your healthcare provider.
- **Hydration:** Drink plenty of water to stay hydrated, unless otherwise directed.
- **Clothing:** Wear loose-fitting clothing to facilitate easy access to the testing area.
- **Questions:** If you have any questions or concerns, feel free to reach out to our office at [Phone Number] or [Email Address].

Thank you for your attention to these details. We appreciate your cooperation and look forward to seeing you on [Date].

Sincerely,

[Your Name]

[Your Position]

[Healthcare Facility Name]

[Contact Information]