

Laboratory Test Preparation Guidelines

Dear [Patient's Name],

We are writing to provide you with important guidelines to prepare for your upcoming laboratory test. Proper preparation is crucial for accurate results.

General Guidelines:

- Please arrive 15 minutes before your scheduled appointment.
- Bring any necessary documents, such as ID and insurance information.

Specific Preparation Instructions:

Fasting Tests:

- Do not eat or drink anything except water for [insert time] hours prior to the test.

Non-Fasting Tests:

- No specific preparation needed, but please be hydrated.

Medications:

Please consult with your doctor regarding any medications you should take or avoid before the test.

Contact Information:

If you have any questions or need further assistance, please do not hesitate to contact us at [Contact Number] or [Email Address].

Thank you for your attention to these guidelines. We look forward to seeing you.

Sincerely,

[Your Name]

[Your Title]

[Laboratory/Clinic Name]